How do braces come loose?
There are four ways the braces can be damaged, broken or come loose:
1. **Contamination**- the teeth became wet when the braces were put on. These brackets will come off shortly after they were put on.
2. **Bite interference**- when the upper teeth hit the bottom braces and the bracket comes loose or the wire bends.
3. **Accident**- the patient gets hit in the mouth and the bracket comes loose.
4. **Non-Compliant**- the patient is eating or doing something to damage the braces.

Important to Remember!
If the braces are excessively broken, it will prevent your teeth from moving correctly and your treatment will not finish in the estimated time. If you have something loose or broken, we ask you contact us as soon as possible so the appropriate appointment can be scheduled. If you already have an appointment, please let us know so we can determine if there is ample time for the repair. Our goal is to repair your broken braces as soon as possible.

Please visit our website for more information and instructions at **langortho.com**.

Please know that the above are just guidelines for things to avoid. There are no hard and fast rules. Except rocks, don’t chew on rocks. :)